

## SAMPLE MENU

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### BREAKFAST/BRUNCH 10.00 - 12.00

**Porridge**

Topped with banana and maple syrup

**Toast**

White or granary with butter and Tiptree preserve

**Free-range Poached Eggs**

On white or granary toast

Add smoked back bacon

**Breakfast Butty**

Smoked back bacon, free-range fried egg and Scottish black pudding in multigrain roll

**Scottish Smoked Salmon**

With scrambled eggs and granary toast

**Bacon Sandwich**

Smoked back bacon in toasted white bloomer

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### LUNCH 11.30 – 14.30

**Please see the blackboard for today's soup, quiche, sandwiches and specials**

**Soup**

With granary bread

**Smoked Mackerel Pâté**

With horseradish and crème fraiche, served with pea shoots, pickles and granary toast

**Quiche**

Made with free-range eggs and double cream, served with seasonal salad

**Thornby Moor Goat's Cheese Salad**

Mixed leaves, green beans, bulgar wheat and cherry tomatoes topped with soft creamy goat's cheese

**Sandwiches**

Please see the board for today's selection

**Grilled Ham & Cheese Sandwich**

Lockerbie cheddar, gammon ham, mustard mayo and tomato in white bloomer with salad garnish and tomato chutney

**Potted Crayfish**

In spiced paprika butter, served with pickled cucumber, pea shoots and granary toast

**Cumbrian Lamb Burger (6oz)**

Served in multigrain roll with paprika mayo, lettuce and tomato with seasonal salad and tomato chutney  
Add Lockerbie cheddar

**Ploughmans**

Local cheese with gammon ham, free-range egg, apple, tomato chutney, piccalilli and bread

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### SOMETHING SWEET

Please see the café counter for our daily selection of homemade scones, cakes, biscuits and desserts.

Gluten-free options available

English Lakes Ice Cream – available in a cone or tub to eat-in or takeaway

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### Children's Menu available

Please note – all our food is prepared fresh to order

For allergen information or special dietary requirements please ask.

Free Wi-fi available